August 2025 [Breakfast] 💫 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

No.1										No.4	-
date	1 • 6 • 11 • 16 • 21 • 26 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	date	;
	Spaghetti salad										
M a	omelette									M a	E
i n	s easoned root vegetables and tuna									i n	S
	Teriyaki Meatballs										ſ
No.2										No.5)
date	2•7•12•17•22•27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	date	
	Macaroni Salad										F
M a	Thickly grilled egg									M a	S
i n	Bok choy and fried tofu simmered in soy sauce									i n	F
	Pork sausages										
No.3											
date	3 • 8 • 13 • 18 • 23 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut		
	potato salad										
M a	scrambled eggs										
i n	Spinach and shimeji mushrooms with sleet										
	Chicken Nuggets										

		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	
o t	rice									
h e	miso soup									
r s	various breads		Pleas	e checł	k in stor	re for d	aily cha	nges.		S
-	natto									F

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

4 • 9 • 14 • 19 • 24 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Spaghetti salad								
Egg Soboro								
Steamed cabbage & carrot dressed with mustard sauce								
Meat dumplings (sweet and sour sauce)								

5 • 10 • 15 • 20 • 25 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Pumpkin Salad								
scrambled eggs								
Ratatouille								
Shumai								

alads, fruit bars/drink bars, and desserts are also available.

lease contact us separately for the allergen list of seasonings etc. provided in the store.



August 2025 [Lunch] 🍎 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*For lunch, you can choose one item from the three items on the menu. Depending on availability on the day, some menu items may be sold out.

No.1	(Friday)									No.5	(Τι
date	1 • 8 • 15 • 22 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	date	5 • ⁻
Μ	Ham cutlet and fried sardines with plum and shiso leaves	•								М	Kor
a i	Grilled chicken thighs with miso paste									a i	Tofu
n	Beef & vegetables curry sauce with rice									n	Porl
No.2	(Saturday)									No.6	(W
date	2 • 9 • 16 • 23 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	date	6 • 1
М	Grilled Chicken with Garlic Tomato Sauce and Fried Horse Mackerel									М	Frie
a i	Pork Shabu-Shabu with Savory Soy-Based Sauce									a i	Sau
n	Omelet rice with mushroom demi-glace sauce									n	Ome
No.3	(Sunday)									No.7	(Tł
date	3 • 10 • 17 • 24 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	date	7 • 1
М	Teriyaki Chicken									М	Hamb
a i	Chinese bowl	•								a i	Deep
n	Hashed beef on the rice	•								n	Chil
No.4	(Monday)			·	·		- -				
date	4 • 11 • 18 • 25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut		
М	Chicken cutlet with grated daikon radish and ponzu sauce										
a i	Stir-fried pork with green onions and salt										
n	Chilled curry udon										

o t		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	
h e	rice									S
r s	miso soup									F

lesday)

12•19•26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
rean fried chicken Gochujang flavor								
u hamburger with mushroom sauce								
k curry with rice								
/ednesday)				_				
13•20•27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
ed fish with spicy sauce								
uteed Chicken with Onion Sauce								
nelet curry								
hursday)								
14•21•28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
burg steak with summer vegetables and tomato sauce			•					
o-fried cheese and shiso leaves & vegetable croquette								
11ed grated meat bukkake udon								

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

August 2025 [Dinner]) Main Menu Allergen Table

Chicken Stamina Rice Bowl

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out. (If there are less than 30 users on the day, salad will be served in a small bowl.)

No.1	(Friday)									No.5	(Tues
date	1 • 8 • 15 • 22 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	date	5 • 12
M a	Pork with ginger									M a	Sautee
i n	Vegetable Kakiage Rice Bowl									i n	Vegeta
No.2	(Saturday)									No.6	(Wed
date	2•9•16•23•30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	date	6 • 13 ·
M a	Chicken cheese cutlet									M a	Stir-fried
i n	Grilled vegetable curry									i n	Simmere
No.3	(Sunday)									No.7	(Thu
date	3 • 10 • 17 • 24 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	date	7•14
M a	Hamburger with BBQ sauce									M a	Chicke
i n	Curry with fried chicken									i n	Beef c
No.4	(Monday)										
date	4 • 11 • 18 • 25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut		
M a	Fried white fish with tartar sauce										

o t		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
h e	rice								
r s	miso soup								

Salads, fruit bars/drink bars, and desserts are also available. Please contact us separately for the allergen list of seasonings etc. provided in the store.

esday)								
2•19•26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
eed Chicken with Lemon Butter Sauce	•							
table-packed sara udon								
dnesday)								
3•20•27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
ied chicken and vegetables with oyster sauce								
ered pork cutlet, onion & beaten egg on the rice								
ursday)								
4•21•28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
ken Nanban								
curry								